



Early Childhood Mental Health: Growing Missouri's Capacity

Through Training & Collaborative Learning Opportunities

Overview

The Missouri Coalition for Community Behavioral Healthcare, with funding from the Department of Health and Senior Services and the Department of Mental Health, is sponsoring two trainings and a learning collaborative to build the capacity of our mental health professionals to serve the social and emotional needs of young children in the community.

The initial 6-hour training on June 12 will introduce the essential components of social and emotional development of children ages 0-6, and the importance of early identification and intervention. Following this training, a second full-day training on July 24 will provide an introduction to several key interventions appropriate to use with children 0-6.

Upon completion of these trainings, each candidate will participate in a learning collaborative over the course of six months.

The training and learning collaborative is free to the participant (not including mileage).

What is required by participating in the learning collaborative?

- Each participant will be assigned an early childhood mental health expert who will facilitate virtual monthly sessions focused on learning from collective experiences and challenges.
- Participants will discuss their current case(s) and will learn how to improve their performance, share progress reports, new skills, &/ or knowledge.
- Each session of the learning collaborative will last approximately 1.5 hours.

Early Childhood Mental Health
Experts:

Susie Henderson, MS, Licensed
Psychologist

Shelley Mayse, MSW, LCSW, LCSW,
IMH-EIV

Goals of the Initial Training

- Describe the fundamental principles of healthy brain development
- Describe the connection between brain development and attachment
- Identify the developmental domains of early childhood
- Describe the connection between trauma, development and attachment
- Give an example of the effect of four or more adverse childhood experiences have on physical health

- List three screening tools or diagnostic instruments used with the 0-6 population
- Describe the characteristics of a Competent Early Childhood Mental Health (ECMH) professional
- Identify three ways the ECMH professional can provide self-care to minimize the effects of secondary trauma

Goals of the Second Training

- Participants will be able to list three examples of how parents/caregivers can strengthen their relationship with their child
- Participants will be able to discuss three interventions appropriate to use with children 0-6 years of age
- Participants will be able to recite the four components of Theraplay
- Participants will be able to describe when Sand Tray Therapy would be useful to the therapeutic process with a family
- Participants demonstrate interventions for children 0-6 years of age
- Participants will be able to apply a mindfulness intervention appropriate for a child 0-6 years of age

Requirements

- All applicants must meet the following requirements:
 - Must be a licensed, or provisionally licensed, mental health professional
 - Must be employed within an agency or independent practice
 - Must secure agency commitment (see application for signature requirement)
 - Must begin providing services to children in the target age range (if not currently serving) following the initial training
 - Must be able to participate in 1.5 hour monthly sessions during the course of the six-month learning collaborative

Providers that accept Medicaid in payment for their services will be given priority status for acceptance of application.

Continuing Education Credits

Burrell Behavioral Health is approved by the **American Psychological Association** to sponsor continuing education for psychologists. Burrell maintains responsibility for the program and its content. The initial training workshop is approved for six hours of continuing education. This workshop is to be considered an intermediate to advanced level of training. The second training is also approved for six hours of continuing education.

For questions regarding educational credit please contact Johnelle Ethridge, Education Coordinator at 417-761-5025 or via email at Johnelle.Ethridge@burrellcenter.com.

Accreditation approval only refers to these educational activities and does not imply endorsement of any commercial products by Burrell Behavioral Health or any other participating organization.

Participants will receive statements of credit at the end of the program when all requirements for credit have been met. Satisfactory completion of objectives will occur through program attendance. Therefore contact hours will be given only for hours the participant attends. In order to receive a statement of credit, all participants must sign-in at the registration desk and turn in a completed evaluation form at the end of the program. Continuing education statements will be e-mailed within 30 days to participants who complete and return evaluation forms and sign in on the program roster.

This project is/was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under H25MC26231 Community-Based Integrated Service Systems for \$140,000 with 0% financed with nongovernmental sources. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.”



EARLY CHILDHOOD MENTAL HEALTH: **GROWING MISSOURI'S CAPACITY**

Jefferson City, MO

June 12, 2015

Deadline for application: May 25, 2015

The Missouri Coalition for Community Behavioral Healthcare with grant funding from the Department of Health and Senior Services and the Department of Mental Health is sponsoring two trainings and learning collaborative with a focus on Early Childhood Mental Health. The initial 6-hour training will introduce the essential components of social and emotional development of children ages 0-6, and the importance of early identification and intervention. Following this training, a second full-day training on July 24 will provide an introduction to several key interventions appropriate to use with children 0-6. Upon completion of this training, each participant must commit to a series of six monthly 1.5 hour telephone conferences. Twelve CEUs will be available for these trainings.

Application Form

Name _____

Address _____ City _____ Zip _____

Email _____ Phone _____

Professional Licensure: ___ LCSW ___ LMSW ___ LPC ___ PLPC ___ Psychologist ___ PL Psychologist

Please respond to the following:

_____ I am currently providing mental health treatment to older children and am interested in expanding services to children below the age of 6 years old.

_____ I am serving 0 – 6 year olds, but have had no opportunity to receive training for this age group.
How long? _____

_____ I accept Medicaid for payment of mental health services that I provide.

Please write a brief statement regarding your interest in this opportunity:

I have access to the following for participation in the learning collaborative:

Phone: _____ Computer/Internet: _____

Applicant's Signature: _____ Date: _____

Agency Commitment

Agency/Organization _____

Supervisor's Name _____ Supervisor's Title _____

The participation in the learning collaborative requires a commitment from not only the individual therapist but also from their agency. I understand that _____ has applied to participate in the Early Childhood Mental Health: Growing Missouri's Capacity, trainings/learning collaborative. As his/her supervisor, I agree to allow full participation in the two 6-hour trainings, six monthly learning collaborative sessions and understand that they must begin providing services to children in the target age range (if not currently serving) following the initial training.

Supervisor's Signature: _____ Date: _____

Please submit the completed application to:

Missouri Coalition for Community Behavioral Healthcare

ATTN: Katie Horstman

221 Metro Drive, Jefferson City, MO 65109

EMAIL: khorstman@mocoalition.org

As we will be moving in June, the preferred method of submitting would be email or fax.

